



# THIS IS HOW WE DIE

**Based on and Using the DVD Series “This is How People Die” featuring Barbara Karnes, RN and Hospice Pioneer, followed by discussion**

**Sponsored by the Lutheran Faith Community Nurse Association**

Nurses often have the privilege of supporting someone who is dying and/or their family. At those times, the goal is to provide comfort and compassion in the dying process. This series will better equip the nurse to offer care and presence to an individual and family during the dying process.

Barbara Karnes is a RN, hospice pioneer, and award-winning end of life educator. She authored the books *Gone From My Sight*, *The Dying Experience*, *the Eleventh Hour*, *A Caring Guideline for Hours to Minutes Before Death*, *A Time to Live: Living with a Life-threatening Illness*, *My Friend, I Care: The Grief Experience*, and *How Do I know You? Dementia at the End of Life*. Barbara has her own blog, *Something to Think About*, an opportunity to look at living and dying from a different perspective.



## OBJECTIVES

1. Name two ways to die
2. Articulate how dying can be compared to infant development
3. Name three of the dynamics of dying offer by the speaker
4. Identify three questions that should be asked of an individual, three to four months prior to death
5. Identify three factors that will increase the length of labor as death approaches
6. Articulate three signs that suggest that death is eminent
7. Identify two messages that are useful for a person to hear at the time of his/her death

## DATES: This is a three-part series

**September 11 – The Natural Process of Dying from Disease and Old Age**

**September 18 – The Labor of Dying**

**September 25 – Integrating Content into Practice: Questions and Thoughts ...**

**TIME: 3-5 pm AK Time, 4-6 pm PT, 5-7 pm MT, 6-8 pm CT, 7-9 pm ET (NOTE: the September 25 event is 90 minutes in length)**

**Registration fee: \$40 for LFCNA members/\$60 for non-members**

**Contact hours provided: up to 5.5 hours if you attend the entire series (see below)**

**Follow this link to register: <https://lutheranfca.org/event-5361391>**

*This nursing continuing professional development activity was approved by Montana Nurses Association, an accredited approver with distinction by the American Nurses Credentialing Center’s Commission on Accreditation. NOTE: Contact hours will be awarded only for the session(s) of the series that is/are attended. In addition, the attendees must submit a completed evaluation form.*