



The Princeton Family Center for Education, Inc.

The Princeton Family Center for Education offers training programs in Bowen family systems theory for professionals and non-professionals.

Training for Clergy, Religious Leaders, and Pastoral Counselors Dates for 2015-2016

This series of monthly meetings will give trainees an opportunity to study the eight theoretical concepts of Bowen family systems theory. These concepts are:

- Nuclear Family Emotional System
- Differentiation of Self
- Triangles
- Family Projection Process
- Emotional Cutoff
- Multigenerational Transmission Process
- Sibling Position
- Societal Emotional Process

The morning program will be a viewing of teaching tapes on a specific concept and relate them to family life and issues of leadership and organizations. Discussion will follow.

The afternoon format will provide each trainee the opportunity to apply these concepts to clinical material.

Faculty

Julie Bergdahl, MDiv; Lee S. Gardner, LCSW, Brigitte Hefferman, LCSW; Joan McElroy, LCSW, CADC

Bowen family systems theory is a body of knowledge about human emotional functioning in family, work, and social systems. This knowledge provides a guide for more responsible functioning in one's own life. With knowledge from the natural sciences and an understanding of patterns of emotional forces that exist in all life forms, the concepts of Bowen family systems theory guide thoughtful choices and responsible actions.

The training dates from 9:30 AM to 3:00 PM are:

- September 28, 2015
- October 26, 2015
- November 30, 2015
- January 25, 2016
- February 22, 2016
- March 14, 2016
- April 25, 2016
- May 23, 2016

Tuition

\$1,100 if paid in full by September 21, 2015 or \$1,200 if paid in two separate payments of \$600. The first payment should be made by September 21, 2015 and the second payment by February 15, 2016.

Financial assistance may be available to those who qualify.

Location

Pennington United Methodist Church
60 S. Main Street
Pennington, NJ 08534

For more information

Go to <http://princetonfamilycenter.org> or contact Lee Gardner at leegardner@verizon.net or 609-203-0162



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